



# HENRY WONG

Physical Therapy and Wellness

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To schedule an appointment, please call: (415) 225-6652

## Physical Therapy Prescription

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Phone Number: \_\_\_\_\_

Physician: \_\_\_\_\_ Follow Up Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Date of injury/surgery: \_\_\_\_\_

Precautions/Comments: \_\_\_\_\_

### Evaluate & Treat as appropriate

- |                                                             |                                                         |                                                 |
|-------------------------------------------------------------|---------------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Manual Therapy/Joint Mob           | <input type="checkbox"/> Kinetic/Therapeutic Activities | <input type="checkbox"/> Gait Training          |
| <input type="checkbox"/> Soft tissue mobilization           | <input type="checkbox"/> Neuromuscular Re-Ed (PNF)      | <input type="checkbox"/> Taping                 |
| <input type="checkbox"/> Range of Motion (Passive / Active) | <input type="checkbox"/> Lumbar Stabilization Program   | <input type="checkbox"/> Modalities             |
| <input type="checkbox"/> Strengthening/Conditioning         | <input type="checkbox"/> Core Muscle Strengthening      | <input type="checkbox"/> Hot and Cold Pack      |
| <input type="checkbox"/> Therapeutic Exercise               | <input type="checkbox"/> Body Mechanics Training        | <input type="checkbox"/> Electrical Stimulation |
| <input type="checkbox"/> Home Exercise Program              | <input type="checkbox"/> Postural Instruction/Education |                                                 |

Frequency of Treatment: \_\_\_\_\_ session/week, For \_\_\_\_\_ weeks

I hereby certify that Physical Therapy is medically necessary for this patient's plan of care.

\_\_\_\_\_  
Referring Physician's Signature

\_\_\_\_\_  
Date